



CARE LINK

Resource Development Center
A Program of Child Care Services of York County

Winter, 2011- 2012

CARE LINK STAFF

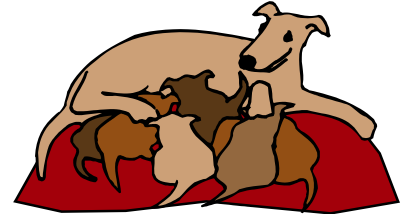
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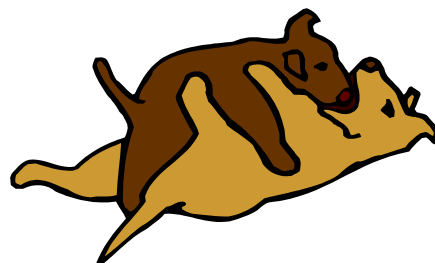
A Puppy's Christmas

It's the day before Christmas
 And all through the house
 The puppies are squeaking
 An old rubber mouse
 The wreath which had merrily
 Hung on the door
 Is scattered in pieces
 All over the floor
 The stockings that hung
 In a neat little row
 Now boast a hole in
 Each one of the toes
 The tree was subjected
 To bright-eyed whims,
 And now, although splendid
 Its missing some limbs



I catch them and hold them
 Be good I insist
 They lick me, then run off
 To see what they've missed
 The thought comes to me
 That theirs is the spirit
 That Christmas should be
 Should children and puppies
 Yet show us the joy
 That should come with this day?
 Could they bring the message
 That's written above,
 And tell us that, most of all
 Christmas is love.

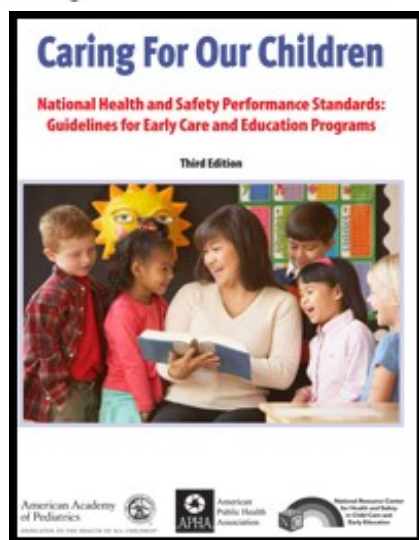
Happy Holidays from every one here at CareLink Resource Development Center. We hope your New Year is fun, healthy, wealthy, and safe!!!





National Resource Center for Health and Safety in Child Care and Early Education

1-800-598-KIDS(5437)



Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition is now available. This is the resource most often used when up to date information is needed about best practice in the areas of health and safety. It is a joint publication of the American Academy of Pediatrics and the American Public Health Association.

It is available for **free** download in three different formats, go to <http://nrckids.org/CFOC3/index.html> for the links and more information. A hard copy can also be purchased, if you prefer, for \$55. Information on how to do that is also available at the above link.

New Resource

PBS has a website where you can view developmental milestones by each domain for children 0-5 years of age. Check it out at:

<http://www.pbs.org/wholechild/abc/index.html>

New draft rules for the Child Care Subsidy Program Voucher are out!

The new State of Maine Rules for Child Care Subsidies (vouchers) have been published, even though the period for input will have passed by the time you get this, It is important to know that these new rules are being finalized. The implications of the draft rules as they are written are as summarized by ACCESS is available on the Maine Public Policy Page of their Web Site.

<http://www.mainechildcare.org/mainestatepublicpolicy.html>

These **ARE** really important if you are a provider who enrolls children who are paid for by a Child Care Voucher or if you yourself are a parent who needs a child care voucher.

These rules **ARE NOT BINDING** for children who are paid for by the TANF program (ASPIRE and TANF Transitional Families.) The Rules **DO** apply all other children being paid for by a "CCDF" child care voucher.

These rules **ARE NOT** the same as the Child Care Block plan that had a public hearing earlier this summer, these are an extension of that plan and these rules **DO** reflect many of the changes that were referred to in that Plan.

Maine has three kinds of tax credits for those providing or consuming child care services!

Employer-Assisted Child Care Tax Credit:

This credit is available to employers who provide or pay for child care services for their employees. Employers are eligible for an income tax credit of up to \$5,000; the credit is limited to the lesser of \$5,000, 20% of the cost incurred, or \$100 for each child of an employee enrolled on a full-time basis or for each full-time equivalent throughout the tax year. The allowable credit *doubles* if the child care services provided quality as “quality child care.” The tax credit is limited to the income tax otherwise due, but any excess can be carried back 3 years or carried forward 15 years.

Quality Child Care Investment Credit

A taxpayer that has made an investment during the tax year toward the goal of providing quality child care services is allowed a credit in an amount equal to the qualifying portion of expenditures paid or expenses incurred by the taxpayer for certified investments in child care services. For corporations, the qualifying portion is 30% of up to \$30,000 of expenditures; for individual taxpayers that expend at least \$10,000 during the tax year, the credit is \$1,000 each year for nine years and \$11,000 in year ten. The credit is limited to the income tax otherwise due, but any excess can be carried over to the following year or years until exhausted.

Double Child Care Tax Credit

As a Maine taxpayer, a *parent* can be eligible for a double state tax credit for child care expenses. The double tax credit is available for children who are enrolled in child care programs with “Quality Certificates.” Child care programs receive a Quality Certificate when they earn a Step 4 rating on the Quality for ME, Maine’s child care rating system. To reach Step 4, programs must:

- Be accredited by NAEYC, NAFCC, AMS, COA, or receive Blue or Gold designation from Head Start.

- Incorporate Maine’s Early Childhood Learning Guidelines and /or Maine’s Infant Toddler Guidelines for Learning and Development into curriculum planning, observations and assessments.

- Create professional development plans for staff beyond those required by licensing rules.

- Meet other criteria based on the type of child care.

An individual is allowed a credit against the tax otherwise due in the amount of 25% of the federal tax credit allowable for child and dependent care. This credit doubles in amount if the child care expenses were incurred through the use of programs with Quality Certificates. The credit may result in a refund of up to \$500.

None of the tax credits related to child care are restricted to providers that get public funds.

What is restricted to those providers in receipt of public child care subsidy, is the Quality “bump” which is added to a child care slot or voucher payment when the family child care provider or center is at a Step 2 (5%), 3 (13%) or 4 (125%) on the *Quality for ME* rating scale. This distinction is made based on the “bump” being funded by the federal Child Care Development Fund.

Also, more information on childcare tax credits can be accessed at:

<http://www.maine.gov/dhhs/ocfs/ec/occhs/businesssupport.htm>

SMCC is offering a course in Child Care Administration

ECED-260-W1 Early Childhood Administration

This course is an overview of early childhood professions and the components necessary to start and operate a quality center-based program, with applicability to family child care homes. The specific topics will include budgets, needs assessments, staffing and program evaluations. Prerequisite(s): ECED-160 and ECED department approval Corequisite(s): none

6:00-8:45 PM Wednesday evenings starting **January 12, 2012** at

SMCC in South Portland

People wishing to take the course can email tpetnov@smccme.edu for Departmental Approval.

For more information go to the Southern Maine Community College website at: www.smccme.edu

For other course information from the University of Maine system or the Community Colleges go to

<http://ecetrainingcalendar.muskie.usm.maine.edu/public/main.aspx>

and search by the college of your choice!



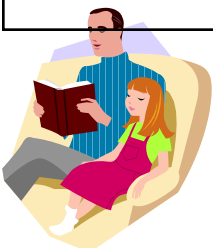
First Lady Michelle Obama's Let's Move Child Care initiative is hosting a Webinar on reducing children's screen time in childcare settings. The National Association of Child Care Resource and Referral Agencies (NACCRRRA) wants to feature providers from family daycare centers and center-based care who have successfully eliminated screen time, or now use almost no screen time for the children in their care. If you or a childcare provider you know would like to participate, please email us at ccfc@commercialfreechildhood.org with your contact information and we'll pass it on.

Susan Linn, Ed.D., is Director of the Campaign for a Commercial-Free Childhood and Instructor in Psychiatry, Harvard Medical School

Contact Information:

CCFC Non-Profit Center, 89 South Street, Suite 403, Boston, MA 02111

617-896-9370 <http://www.commercialfreechildhood.org/>



It is easier to build strong children than to repair broken men. ~Frederick Douglass

**CARELINK TRAINING SCHEDULED THROUGH
MARCH 31, 2012 – PAGE #1**

Location	Course Title	Course Dates	Course Times	Contact Hours	Presenter	Cost
Biddeford St. Louis CDC	Supporting Maine's Infants and Toddlers; Guidelines for Learning and Development	1/3/12, 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21/12	6:00pm to 9:00pm	30	Michael Sandberg	QRS - \$15 Non QRS - \$20
<p>This training module was written and designed to help providers get more acquainted with the Infant Toddler Learning. During this training, you will use various tools and strategies to engage in observation, to collect evidence of children's development, and to plan curriculum within the context of Maine's guidelines for infants and toddlers. Participants complete a portfolio/case study of one infant/toddler that utilizes concepts and strategies introduced in the training. The homework required will give you the final six hours of credit</p>						
Sanford-Southern Maine Parent Awareness	QRS: Preparing for a Portfolio Review	1/4/2012	6:00pm to 8:30pm	2.5	Michael Sandberg	\$10
<p>Once you move above step 2 on the Quality for Maine system, you may be randomly selected for a portfolio review by a representative of the Department of Health and Human Services. This workshop will help you be prepared with an appropriate portfolio.</p>						
Sanford Southern Maine Parent Awareness	Curriculum and Development for the Preschool Child	1/11/12, 1/18, 1/25, 2/1, 2/8, 2/15, 2/29, 3/7, 3/14, & 3/21/12	6:00pm to 9:00pm	30	Margaret Cushing	QRS - \$15 Non QRS - \$20
<p>This curriculum is designed to introduce participants to planning, developing and implementing curriculum to meet the unique needs of preschoolers. It addresses such issues as creating a learning environment, and guiding a preschoolers development in all the domains. Professionalism and the role of the teacher are also investigated. This course has been extensively rewritten.</p>						
First Steps CCC Springvale	Project Joy	1/19/12	6:00pm to 8:30pm	2.5	Jessica Regis	\$5
<p>Too often we look at play as a break from learning when in fact it is during play that some of the most valuable learning occurs. Join "Life is good" trained Playmaker ,Jess as she demonstrates techniques to connect with and guide children in play and learning through the use of exuberant physical play, storytelling, yoga, and movement. Participants will learn innovative games and activities that can be easily integrated into playgroup settings with preschool-age children. Please dress comfortable. (Limited to 13 people)</p>						
Online	Introduction to Early Childhood Education	Beginning 1/19/12	NA	9	Michael Sandberg	QRS - \$5 Non QRS - \$10
<p>Ever wonder about where all those terms, theories, and concepts about children and child care come from? Did you know that Child Care has been around since the mid sixteen hundreds? Learn about the history of the field and the perspectives of some of the field's movers and shakers. Child care really is a profession!</p>						

COURSES CONTINUED

Location	Course Title	Course Dates	Course Times	Contact Hours	Presenter	Cost
Kittery The Children's Center	Rethinking Challenging Be- haviors	1/23/12	6:00pm to 8:30pm	2.5	<u>Katie Crowley</u>	\$10
A look at behaviors that are considered "challenging" by examining how our classroom environment influences these behaviors. We will consider the physical environment including materials and classroom arrangement and the temporal aspects that include transitions and the daily schedule. Also, we will discuss relational considerations including our attitudes and biases toward the "challenging" behavior as well as our ability to meet the social and emotional needs of children.						
<u>Biddeford St. Louis CDC</u>	QRS: Getting the Most Out of Staff	2/2/12	6:00pm to 8:30pm	2.5	<u>Michael Sandberg</u>	\$10
In order to be a quality program, we really need staff that are committed to giving the best service to children and families. In this sharing session we will compare ways to keep staff motivated and involved. Included will be discussions of methods for giving feedback and motivating staff to make necessary changes.						
<u>Biddeford St. Louis CDC</u>	Block Play	2/13/12	6:00pm to 8:30pm	2.5	<u>Margaret Cush- ing</u>	\$10
These words can strike either fear or enthusiasm in the hearts of child care providers. Fear because many behavioral problems can surface in the block play area. Enthusiasm, because the block area can be the source of tremendous learning. Come learn how to manage the area and how to facilitate learning in math, science, literacy, social/emotional and other developmental areas in a play environment.						
<u>Sanford Southern Maine Parent Aware- ness</u>	QRS: Building Parent - Staff Relationships	3/13/12	6:00pm to 8:30pm	2.5	<u>Michael Sandberg</u>	\$10
One of the most important and most difficult parts of doing quality child care is maintaining the kind of relationship you want with parents. We need to be able to share information and work together as a team. Come explore the issues you and others are confronting in making this work as well as possible.						
<u>Sanford Southern Maine Parent Aware- ness</u>	Helping Chil- dren to Build Friendships	3/20/12	6:00pm to 8:30pm	2.5	<u>Margaret Cush- ing</u>	\$10
Being a friend requires skills that children must learn. As an early care and education professional, we need the skills to help the children in our care learn how to be a friend. Join us as we re-discover the magic of early friendship and how we can best						

CPR/First Aid Training

CareLink's CPR & FirstAid classes are instructed by Kim Field. The adult, infant and child CPR portion runs select Saturdays from 9:00 am to 11:30 am and costs \$35. First Aid runs directly following the CPR section from 11:30 am to 2:30 pm and also costs \$35. If you register for both the total cost is \$50.

February 4, 2012 in Biddeford at St. Louis CDC

Remember to sign up well in advance either online at carelinkrdc.com or by calling Bonnie at 324-0735!

Training Registration Form

CareLink Resource Development Center

26 Amherst Street * PO Box 1389 * Sanford, ME 04073 www.carelinkrdc.com
(207) 324-0735 or 1-888-917-1100 from within York County

Please fill out this form completely.

One form per participant please.

Please note that payment is due at the time of registration.

Name: _____

Mailing address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Work Phone: _____ Email: _____

Are you a member of the MRTQ Registry? Yes/No Are you a member of Quality for Maine System? Yes/No

If you require any special supports for your training please describe: _____

Name of facility where you work: _____

Type of facility CTR Small Facility Family Head Start Preschool LUH Other

Payment Method: Cash Check Money Order Credit/Debit Card (you will be contact for your card information)

Training(s) for which you want to register:	Location	Start Date	Fee

Registration is due a *minimum* of one week prior to class start date.

- It is important we have contact numbers for you during the winter months in case of inclement weather
- 1 to 2 weeks notice is given if a class is going to cancel (except in times of inclement weather)
- Payment is due at the time of registration
- If you have any questions please call or email Bonnie
- ALL TRAININGS ARE NON-REFUNDABLE with the exception of emergencies. Requests for refund under these circumstances must be authorized by and are at the discretion of the CareLink Program Director. Please email cheryl@carelinkrdc.com.



NON PROFIT ORG
PRESORTED STANDARD
U.S. POSTAGE PAID
SANFORD, MAINE
PERMIT # 128

CARELINK
RESOURCE
DEVELOPMENT
CENTER

P.O. Box 1389
26 Amherst Street
Sanford, Maine 04073

Phone: 207.324-0735
Fax: 207.490.0595
www.carelinkrdc.com

We build bridges and
relationships to meet the
needs of the community

www.carelinkrdc.com

A winning entry in the sun wise poster contest sponsored by the EPA's Sun Wise Program, a special sun safety program for educators. The child is a third grader from New York State.

